

EATAC AB LEADERSHIP & TEAM TRAINING WITH HORSES

September 30 – October 1 2015

3falls
Coaching

HorsePower
&
Natural
Leadership™

First day – Afternoon Wednesday September 30



13:45	Arrival Träfallet
14:00 – 15:00	Introduction to the seminar program Setting intentions Safety agreements
15:00 - 17:00	Hands-on exercise 1: Observing and assessing Hands-on exercise 2: Face to face with horses Hands-on exercise 3: Leading and being led Hands-on exercise 4: Leadership with everyday pressure
17:00 – 17:30	Theory input & coffee break: Leading positions, The comfort zone and Trust
17:30 – 18:30	Hands-on exercise 5: Trust and respect
18:30 -	Transportation to Dinner

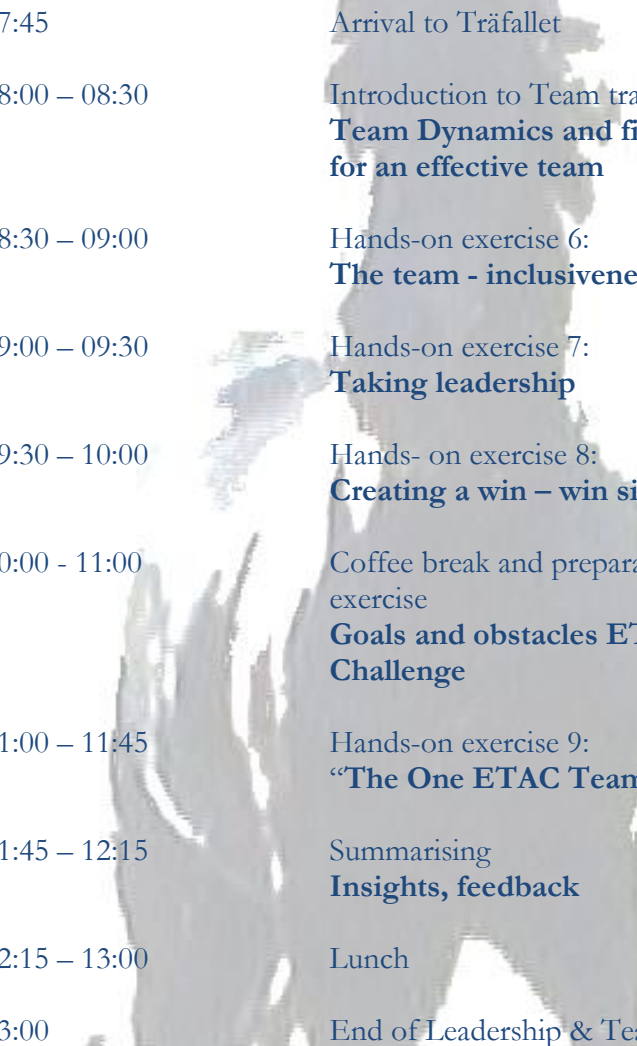
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Second day – Morning Thursday October 1th



07:45	Arrival to Träfallet
08:00 – 08:30	Introduction to Team training Team Dynamics and five conditions for an effective team
08:30 – 09:00	Hands-on exercise 6: The team - inclusiveness
09:00 – 09:30	Hands-on exercise 7: Taking leadership
09:30 – 10:00	Hands- on exercise 8: Creating a win – win situation
10:00 - 11:00	Coffee break and preparation for team exercise Goals and obstacles ETAC Team Challenge
11:00 – 11:45	Hands-on exercise 9: “The One ETAC Team” exercise
11:45 – 12:15	Summarising Insights, feedback
12:15 – 13:00	Lunch
13:00	End of Leadership & Team training